

Yellow Brick Road

Te Wahapūahoaho

Supporting families towards mental wellbeing

Yellow Brick Road

Supporting Families Towards Mental Wellbeing

Our year in review

Annual Report 2024/2025

Yellow Brick Road

Chair's Report from Rachel Stephenson

Tēnā koutou, Tēnā koutou, Tēnā koutou katoa

It is a pleasure to present this year's annual report for Yellow Brick Road.

I welcome the opportunity to reflect on the year, both the achievements and challenges. I have now spent one full financial year as Chair and remain firmly of the view that this organisation is not only much needed and appreciated, but has real potential to reach considerably more families in New Zealand. Each year we continue to position ourselves to make a greater impact to support whānau as they face the myriad of challenges mental illness can bring.

Laying down further foundations for growth and improvement has been a focus for the Board over the last year. Where last year we locked in a strategic plan as both our anchor and compass, this year has seen the Board take an in depth look at the role we play as Trustees and the way we expect Yellow Brick Road to operate to achieve our vision.



Rachel Stephenson

We have reviewed aspects of our governance including the Trust Deed, developing a Board Charter and reviewing Board expertise and our contributions to the mahi of the organisation. We are fortunate to continue to have a complementary set of skills and experience across the Board to bring to the service.

Last year as a driver for the new strategic plan, we identified the need to seek greater financial sustainability and independence. An important first step was to place a magnifying lens over our own expenditure, fostering a culture of greater fiscal prudence and financial scrutiny. We have an expectation of thinking twice before incurring costs. The Board itself has cut back on travel by reducing face-to-face meetings, as have staff, and this year our AGM will be held online too. Ensuring contestable arrangements with necessary external providers and keeping an eye on our own housekeeping are all areas of focus.

Building our capacity for generating funds outside of government contracts is a work in progress and initial steps have been taken, but there is more to do. A fully operational fundraising function is yet to be implemented and we are much closer, with, for example, confirmation by year end of the introduction of a new CRM system so that we can encourage and nurture mutually beneficial relationships with potential funders and philanthropists. Effective communication has been stymied by out-of-date mediums.

We have also reviewed the ways we will be true to our strategy that enshrines "whānau voice" in all that we do. Ensuring we gather authentic and constructive views and ideas from those who know best what is needed (whānau and families) is at the very heart of Yellow Brick Road. The Board has spent time defining whānau voice and the ways we collect and act on it. One outcome of this work was the removal of Regional Advisory Committees and Local Advisory Groups from our Trust Deed as a requirement as the operation and effectiveness of these groups was not working well in all areas. We still encourage groups to continue, but we have shifted our focus to include a range of additional approaches to ensure whānau voice continues to be collected and inform our work.

Our Board places real value on our staff whose commitment and passion for helping others is unequivocal. It isn't of course, an easy sector, with the frustrations of stretched services and limited resources. But our staff continue to demonstrate care and dedication to whānau against this difficult backdrop. I thank John Moore for his leadership and unbending enthusiasm for the mahi and raising the profile of Yellow Brick Board nationally. My fellow board members continue to impress me with their huge commitment and innovative and astute contributions. Our Board has remained very stable with just one farewell during the year; in February Hemi Smiler stood down to focus on other work and family demands. In May Mervyn Goh was co-opted to the board as a non-voting advisor and chair of the Finance Risk and Audit committee. His knowledge and expertise in this space is hugely valuable to the organisation.

Lastly, I wish to thank all of our partners, funders and sponsors who have supported Yellow Brick Road over the last year. Without you we could not do what we do. I look forward to your continued support of Yellow Brick Road to enable us to extend our reach and continue to grow the quality of services to cement our place as one of the most valuable whānau support providers in the sector.

Nāku noa

Nā

Rachel Stephenson
Chairperson



CEO Report



John Moore

Our job supporting families and whānau who are struggling when a family member is experiencing mental health challenges is a privilege we take seriously, and we are proud of a year in which we have sought to broaden our reach and put steps in place to hone our quality of service.

We remain true to our vision that families and whānau are properly resourced and recognised for their role as the largest and most important provider network of mental health care and support in New Zealand.

Our year has focused on streamlining our service across the country, achieving greater consistency and standards and focusing on clearly identified actions to do so.

We are delighted to have completed a piece of work that more clearly defines our core offering to families. The "whānau journey" ensures that all whānau who access our services benefit from a consistently high quality service, no matter where they access YBR, and all our whānau workers are guided by best practice, using consistent tools along the way, to achieve outcomes that are agreed with the families they support.

The whānau journey outlines how to set goals with families, how to measure them along the way, what documentation is to be used (which has been updated and standardised), how to establish and mark milestones, and importantly, how to ensure our core strategic offering of education, navigation and advocacy are included to give a comprehensive service.

We are hopeful that with this robust process now defined, we can apply quality standards to our work, giving our staff a picture of what success looks like not only for families, but for Yellow Brick Road, our funders and the wider mental health sector. We will apply our own outcome measures to ensure a culture of ongoing improvement.

I am also delighted to have streamlined entry to Yellow Brick Road services by establishing a centralised Hub for referrals no matter where they have come from. Many people are referred to our service by others in the mental health or community sector, while others self-refer following recommendations.

One single 0800 number and one email address now lead whānau to one of several trained staff who are able to direct people to receive the most appropriate care or address general enquiries immediately. This provides greater assurance of swift responses. It also enables us to better track referrals and the nature of enquiries.

We continue to engage with our colleagues in the sector at government, NGO and community level. Our team actively engages with other health and mental health providers and a big range of community groups and businesses as we try to put together a big jigsaw where every piece makes a notable and important difference to the overall picture. Whānau need a range of supports and it is our role to help them see how all those parts can help them and their whaiora, and to navigate them through what is often a bit of a maze.

While our system can be a maze, one consistency that does exist is that services, like ours, that focus on families, are amongst the least invested in across the country. In many ways we survive because most families are never told that there is a support option for them. For this reason I would like to shine a spotlight on our Nelson and Tasman team members whose hard work and excellence over many years has resulted in a profile that has broken through the tendency of the system to forget about whānau services and now finds itself struggling to cope with the demand for our service and sadly we find ourselves operating with a waiting list.

We know that promoting the idea of focusing on whānau is a risk due to the unmet need in our communities being so much greater than the current capacity to respond to whānau but we are not shying away from that challenge and will keeping fighting for proper recognition for whānau and the importance and benefits of whānau support services.

When people encounter mental illness in their families and whānau, it is always a desperately hard time. People want a fast and lasting fix, which is of course something that is generally impossible. One of our organisation's biggest challenges is trying to meet those entirely understandable expectations. In essence, we can't. We need to manage those expectations, convey clearly what the journey ahead might look like and make the load lighter. Lasting solutions involve buying into a paradigm where New Zealanders accept mental health as a road that twists and turns as well as one where we can enjoy the straight stretches. Families understanding that they are in it together for life and that there's support out there can make it that much easier.

It is like turning a big ship around, but it is the only way to achieve real and lasting change. The one-stop-shop approach to mental health just can't work. It is both exciting and somewhat overwhelming, but I'm confident our organisation is heading in the right direction and in a great space to help yet more New Zealand families.

John Moore
Chief Executive Officer



Board of Directors and Governance

Chair

Rachel Stephenson

Deputy Chair

Jacinda Cole

Board

Denyse Wilcox

Sam Rodney-Hudson

Mike Hines

Hemi Smiler (stepped down Feburary 2025)

Sharleen Stirling

Non-voting advisor to the board Mervyn Goh, appointed May 2025

The Board meets six times per year.

Finance, Risk and Audit (FRAC) sub-committee

Rachel Stephenson

Jacinda Cole

Mike Hines

Non-voting advisor to the Finance, Risk and Audit Committee (FRAC) Mervyn Goh

The FRAC meets quarterly.

Auditor

Blackmore, Virtue & Owens

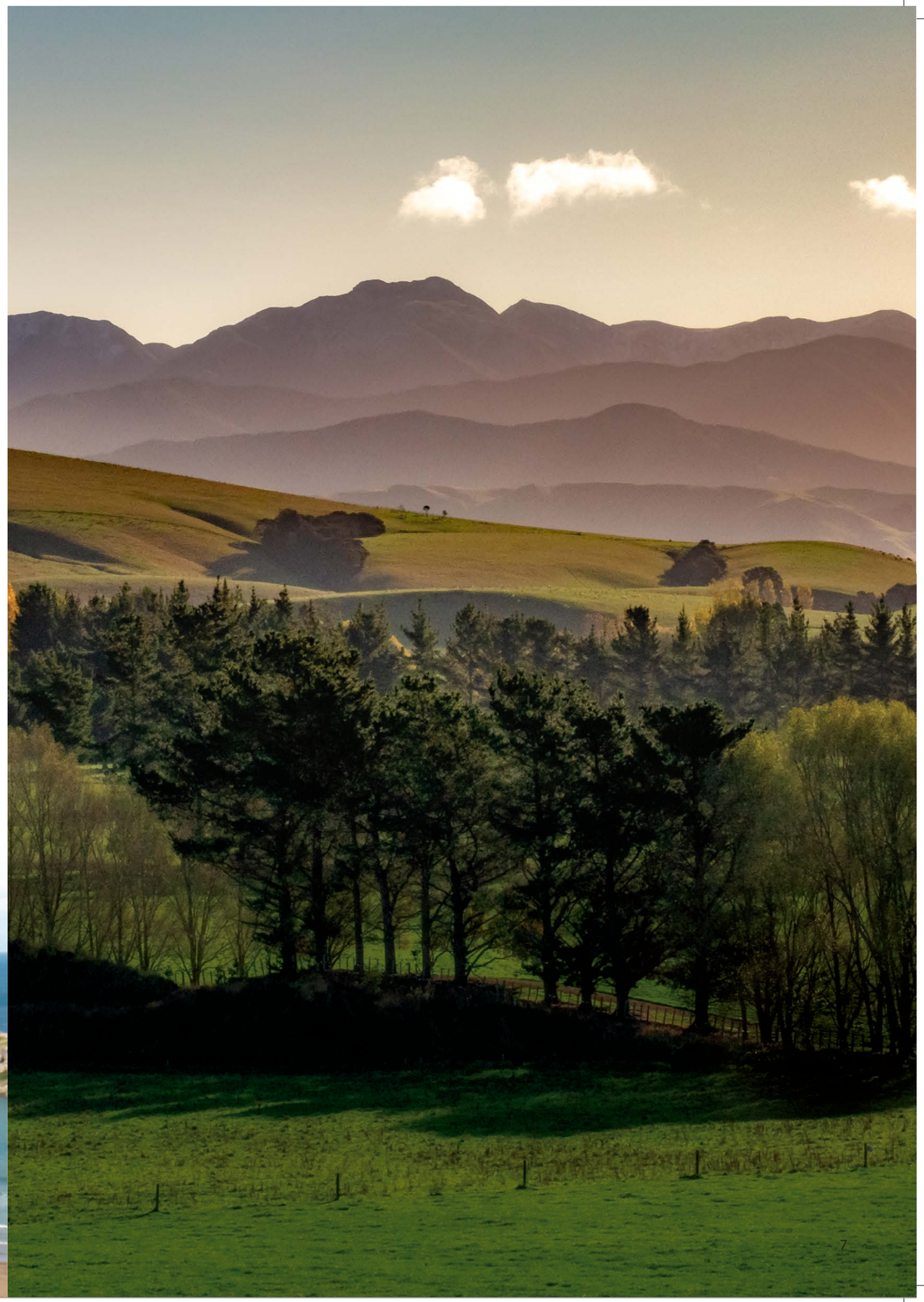
Corporate Information

Registered office

423 Great North Road
Grey Lynn
Auckland 1021

Website **yellowbrickroad.org.nz**





Financial Summary 2024/25 Financial Year

Yellow Brick Road achieved a small surplus this year while still achieving modest growth in our service delivery.

Our revenue overall remains consistent with the previous year, reflecting stability and confidence in our contracts and also in our overall performance.

Grant revenue fell compared to last year. This reflects conditions in the wider marketplace. More stringent criteria alongside a reduced pool of available funding and increased competition for these funds have contributed to this drop.

Overall equity increased by $30,034 reflecting a solid financial foundation.

Yellow Brick Road has successfully retained $600,000 in sustainable reserves. This amount provides a reliable financial buffer to support future operational needs and mitigate any potential risks.

Financial Year Ending	**30 June 2025**	**30 June 2024**
Revenue	4,046,084	4,059,778
Expenditure	4,016,050	4,062,354
Net Surplus/(Deficit)	**30,034**	**(2,576)**
Equity at end of year	393,364	363,330
Sustainable reserve	600,000	600,000
Total Equity	**993,364**	**963,330**



The Year in Review

Whānau Voice and Advocacy

We continue to gather whānau voice and convey families' views wherever we can to make a difference.

Amendments to the Supporting Families in Mental Illness Deed of Trust removed the requirement for Regional Advisory Committees and Local Advisory Groups, creating more flexibility in how we listen to whānau and collect views and perspectives.

We are looking forward to enhanced in-person engagement via community meetings as well as gathering feedback in a range of other ways such as via our CRM system and research.

We will use whānau voice not just for our own service improvement, but to authentically share our voice with all who can affect change through policies, systems, legislation, services and communication and to advocate for change right across the sector.

For example, this year we provided a submission on the repeal of the Mental Health (Compulsory Assessment and Treatment) Act 1992. The Bill set out the regime for when a person can be subject to compulsory mental health care without their consent. We were pleased to present our views at the Health Select Committee, conveying that family and whānau are pivotal in decision making and providing support to people with mental distress, no more so than when the Mental Health Act is required. This legislation operates at the "really sharp end" of the mental health spectrum where there is crisis and risk. These situations are stressfrul and often frightening. We outlined the needs for family and whānau, namely:

- Support so that they can help their family member
- Support for themselves at a time of distress

We have heard too many stories of whānau being completely overwhelmed and deeply fearful when tangata whaiora are suddenly "released" to their family or community care with absolutely no support. We submitted that any new legislation must have whānau needs identified as both principles and requirements.

Sector and Stakeholder Engagement

We have continued our participation in a number of sector groups to ensure family and whānau interests are well represented.

Chief Executive John Moore holds a position on the Platform Trust Board. Platform Trust is a membership organisation and peak body representing the mental health and addiction NGO and community sector in New Zealand. The Board is sector-led, comprising representatives from member organisations such as Yellow Brick Road.

It is invaluable for us to regularly engage with colleagues from other provider organisations and represent the interests of whānau in this forum.

Our Community Liaison Coordinator retains a role with The Carers Alliance Executive Committee and has been involved with refreshing the Mahi Aroha (Carers Strategy) Action Plan. As well, the appointment to the Royal Australian and New Zealand College of Psychiatrists as a family/whānau representative was a huge accolade and included attendance at meetings in Wellington and the Gold Coast. This included participation in the development of a strategy that enshrines Lived Experience in all aspects of the work of the College.

We continue to connect with the Principal Advisors at the Ministry of Health through the Lived Experience Knowledge Network and a newly established family and whānau-specific Knowledge Network which provides the opportunity to connect with other whānau support providers and family advisors. We continue to engage with the Ministry of Health to discuss issues, successes and solutions.

At an operational level, establishing and maintaining relationships with referral sources remains key to the service. We continue to work on building understanding of our service with organisations from Oranga Tamariki to Child and Adolescent Mental Health Service, Pathways, Real, Police, Age Concern, medical centres and more.

Our managers participate in a range of local inter-agency and inter-disciplinary groups to achieve referrals, understand and define complementary services and therefore achieve better navigation for our families.

Being present in our communities is always important and when resourcing permits, we participate in events where we can promote our mahi. For example, this year we attended Mystery Creek Fieldays and stood alongside Te Whatu Ora Waikato, Mental Health and Addiction Services, being present and providing information about our service to the rural sector, many of whom face significant mental health challenges.

Data and Measurement

Cases

This year we have accepted 2,654 new whānau referrals to our service, up from 2,203 last year. A similar number of whānau "completed" their time with us annually, indicating each whānau tends to move through our service easily within the year.

Group sessions have increased, possibly suggesting a lean into the original premise of "fellowship" and group support that was at the very heart of Schizophrenia Fellowship when it began.

Whānau Satisfaction Survey

Yellow Brick Road has conducted an independent annual national Whānau Satisfaction Survey since 2022. The purpose of the research is to provide insights that will allow YBR to improve its service and report on outcomes it is mandated or contracted to provide. This year, overall satisfaction and recommendation measures remain high, albeit areas for improvement have been identified. It is helpful to have robust rationale and content for implementing quality plans.

Once again, it is clear that families just want to understand and know what to do when their family member is struggling. One-on-one support is the most commonly accessed service with whānau most commonly seeking out practical solutions.

It is heartening to read comments that demonstrate the remarkable impact of our service on some whānau. Our challenge is to scrutinise the feedback, collect these invaluable views and use them to improve our service and ensure all our referrals receive the same quality service.



"Yellow Brick Road supported us as parents through an extremely black time for our child. They helped us to see that we could get through the worst days and how we could support each other. Through YBR, I have made a close group of friends that understand me and we still support each other 2 years on..."



"It was absolutely incredible. When we first went we were broken, frightened and lost. With the support and skill set we were given, we were able to rebuild a safe, secure and stable relationship with our daughter again. Plus give her support and also ourselves..."

"I felt seen, supported, and no longer alone."

Return on Investment

The 2023/24 year saw the undertaking by independent company Impact Lab of an in-depth report on our social return on investment.

The final report was received at the start of this financial year and showed that for every dollar we receive there is real value. This was a positive start to the financial year, enabling us to embark on the year with even more confidence that our service is contributing.

Based on analysis from our northern region, for every participant we support, the average cost is $550, but the social value generated for each participant is $3,534*.

Summarised, this social value is:

- Social value generated for each participant $3,534
- Measurable benefits as proportion of programme cost 380%
- Cost of the programme per participant $550

When we take into account the operating costs of Yellow Brick Road, we can calculate the social return on investment that is generated for every dollar in the whānau support service.

The Social Return on Investment $1.00:$3.80

Every $1 invested in Yellow Brick Road results in $3.80 returned to our community (01 Apr 2023–31 Mar 2024 in Northern Region).

The Social Value for the Northern Region where this study was undertaken came to $3,872,931.

This data is invaluable to demonstrate to funders that there is tangible return on investment.

**These numbers are based on the analysis that was undertaken in the Northern Region.*

National Contracted Services

Our contracts with Health NZ Te Whatu Ora have continued with little change to the "DHB" model that we've had for some years. We have engaged with Health NZ, looking to achieve greater consistency across contracts, if not a single national contract. While the latter seems some way off under the current funding model, we were pleased to merge the Nelson-Tasman and Canterbury contracts and will continue to seek more consistent terms and conditions across all our regions and merge where possible. Despite Health NZ's ongoing regional approaches, we will continue to develop models for contracts and measurement to achieve national consistency.

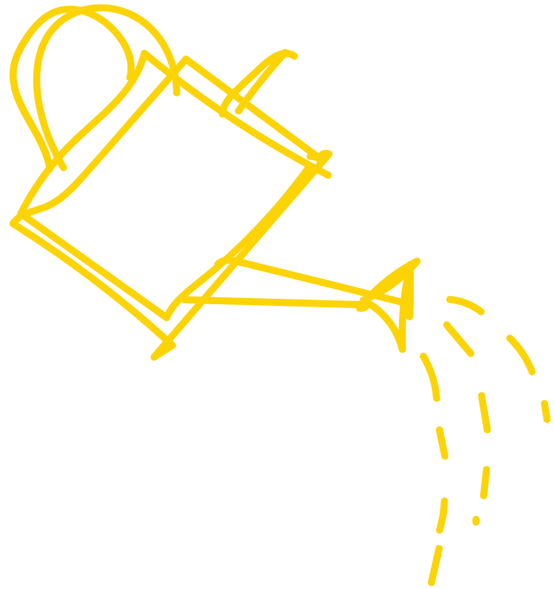
We are pleased that our newest contract, Lakes, quickly became a valued service in the Rotorua area and we anticipate growth into the Taupo area as further relationships are established.

National servicing is looking more promising with the establishment of the central referral hub which has potential to provide remote servicing, enabling whānau outside of our contracted service areas to choose Yellow Brick Road. However, this will be reliant on further funds and/or new or changed contracts.

Digital Communications

This year saw the completion of a digital communications strategy and set of recommendations. We have been encumbered by out-of-date digital communications tools in recent years, a source of frustration for staff and stakeholders alike.

We were delighted to appoint consultancy firm Orchestrate at the end of the year, to oversee implementation of a CRM system, new website and other aspects of our communications kete. We heartily thank Orchestrate as their proposal included a significant pro-bono strategic service that we have gratefully accepted. We are excited to know that soon our communication will be streamlined and enable more relevant and effective message exchanges with the right people at the right time.



Partnerships

Lane Neave

It is heartening to know that at a time when the philanthropic dollar is stretched, there are still businesses who are eager to partner up and help out where there is need and a match of values.

We were delighted to confirm a partnership with legal firm Lane Neave during the year. This long-term partnership includes them providing us with financial assistance and pro bono legal services.

We are excited to learn more about Lane Neave, meet their people and build greater understanding between the two organisations. As a national law firm, we also see a great opportunity to help support their team members who are just as likely as any other New Zealanders to need whānau support from time to time and we have begun work on a programme to build their capacity to support one another and their own families. It is a pleasure to be able to provide service back to Lane Neave and try this approach to supporting families.

Orchestrate

Our sincere thanks to Orchestrate for the pro bono strategic service for our digital communications strategy alongside the services we have engaged them to provide. We have already benefited from their warm and understanding approach and anticipate a swift and professional solution to meet our communications and marketing needs.

Konica Minolta

We value our ongoing relationship with Konica Minolta.

Service Delivery

Referral Hub

One of the most significant changes to our operations during the year was the introduction of a referral hub or centralised contact point (0800 and online) to streamline referrals and service enquiries.

Previously, each office managed its own incoming referrals. Now, a specialised service ensures every call is picked up by one of a small team of qualified support workers as first contact. These staff have been upskilled to refer families to the right person for the right support.

The Hub is a game changer, enabling a more consistent and fail-safe entry to our service. As well, it has the potential to grow into a remote service should funding permit.

Whānau journey

Much of the year was spent defining the journey families follow after they engage our service. This is a big step towards specifying best practice for our organisation and achieving consistency and higher quality standards. It includes setting outcome measures that enable both whānau and support workers to celebrate progress and small wins through the course of our support to them, and to clarify families' needs. And crucially, for us to collect data to feed back into quality and service improvement.

Our support workers have welcomed this clear guidance on process and standards. Training commenced at the close of the year.





Programmes

- Men's Support Groups

  A long-established support group for men in Christchurch continues with great vigour. A new men's group in Auckland has been established on the back of this and has been equally welcomed.

- CUMI – Children Understanding Mental Illness

  This programme remains popular and much needed – helping children understand what is going on if a family member has mental health challenges. More staff have been trained to deliver it over the year. We are excited to review and further develop it in the next year.

- WAVES

  A suicide bereavement programme that continues to be delivered by staff who are trained in this Skylight Trust-developed programme. This was run in Northland for the first time during the year.

- Gaining Ground

  This programme helps families increase their knowledge of emotional dysregulation and is proving greatly valued by participants. This programme has extended to other areas and we believe has potential for wider delivery.

- Mental Health First Aid

  We achieved funding for two staff to train and deliver mental health first aid courses that enable people to respond to mental health emergencies. Initially run in Northland, Moerewa, we hope to extend delivery in other areas.

- Eating Disorder Workshops

  In liaison with the eating disorder clinician at Health NZ Te Whatu Ora Taranaki, we are working to form a new eating disorder support group in New Plymouth. We are very interested in extending this specialist support service over time.

- Stepping Out For Women

  Continues in Taranaki and Canterbury to assist women who are so often carrying significant burdens in families, assisting them to find the strength and skills to care for others by caring for themselves.

- Building Bridges

  We continue to deliver "lived experience" workshops with the Western Institute of Technology year two nursing and enrolled nursing programmes, assisting nursing students understand whānau perspective and needs in mental health settings/ situations.

Strategic Highlights

- Solid engagement with Health NZ regarding contract consolidation. However, the whole sector is in a holding pattern where we are seeing annual rollover of existing contracts across whole NGO mental health sector. With that in mind, a significant win was the consolidation of South Island contract into one, with consistent funding across the region.
- Resource plan for commercial function completed.
- Incorporation of Te Whare Tapa Whā into the whānau journey has been completed, ensuring greater responsiveness to Maori.
- Te Roopu terms of reference was completed.
- Whānau Journey documentation of support service process was completed and training undertaken. We now have full adoption of our support model and have started reporting on outcomes in a nationally consistent way.
- Whānau voice function established.
- Proposal for qualitative and quantitative whānau research completed.
- Audit tools for service delivery completed.
- Business plan completed for addressing gaps in whānau support access.

Funding

Yellow Brick Road is a registered charity funded primarily by three means:

- Contracts for services with Health NZ
- Grants from trusts and foundations
- Donations from individuals and businesses

We continue to apply to a wide range of trusts and foundations for funding. We are focused on ensuring funds are sought for existing or new evidence-based programmes that are already in the planning. This ensures we continue to work tightly to our business plan.

Our deep thanks go out to the many whānau and individuals who give what they can to us in recognition of our mahi. Any amount is gratefully received.

We extend our thanks to the following:

Health NZ/Te Whatu Ora - Funding our mahi in:

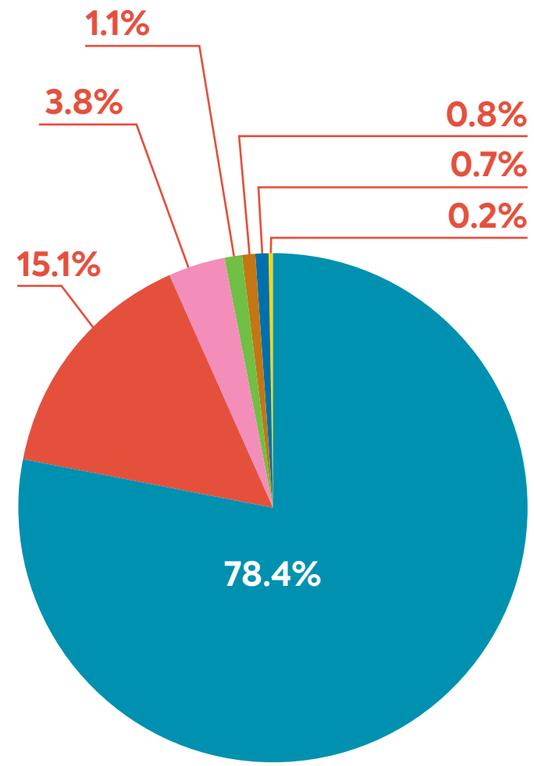
- Northland
- Auckland
- Waitemata
- Counties Manukau
- Waikato
- Lakes
- Taranaki
- Wairarapa
- Nelson/Marlborough
- Canterbury

Ministry of Housing and Urban Development/Te Tūāpapa Kura Kāinga



Trusts and Foundations

- Christchurch Casino
- Four Winds Foundation
- Kiwi Gaming
- New Zealand Lottery Grants Board
- The Lion Foundation
- Nikau Foundation
- Craigs Investment Partners
- Oxford Sports Trust
- Public Trust
- Rano Community Trust
- The Trusts Community Foundation
- TOI Foundation
- Trust House Foundation
- Trust Waikato
- We Care Community Trust



- Te Whatu Ora / Health NZ
- Ministry of Housing and Urban Development Te Tūāpapa Kura Kāinga
- Grants - Trusts and Foundations
- Other revenue
- Bequests
- Donations
- Other contract revenue

Yellow Brick Road

Te Wahapūahoaho

Supporting families towards mental wellbeing

YBR STRATEGIC PLAN
MARCH 2024

Purpose

Why are we here?

We are here to support families and whānau who are supporting their family/whānau member with mental health challenges.

Family and whānau are often the best people to support family members with mental health challenges. We are here for families and whānau whenever that need arises.

Vision

What is our dream?

Families, whānau and communities are well supported, resourced and recognised for their role as New Zealand's most significant support network for people with mental health challenges.

Strategic Areas

We support families and whānau through education, navigation and advocacy.

Education

Building understanding with families and whānau:

- about mental illnesses and other mental health topics
- on how to support their family/whānau member
- how to prioritise taking care of themselves

Building mutual understanding with stakeholders.

Navigation

Co-steering families and whānau through the mental health sector and systems. Planning the best possible route for whānau as they travel the mental health pathway.

Advocacy for families and whānau.

- Sharing individual and collective whānau lived experience with any organisation, business or individual that can positively affect change for whānau.
- Supporting whānau to advocate for their family member or themselves when they are engaged with other professionals involved in the care of the family member.
- Achieving respect for whānau roles and their needs by stakeholders.
- Building universal, positive regard for family and whānau.

Who are we here for?

We're here for all New Zealanders when their family or whānau member is experiencing mental health challenges.

- Mental health challenges do not discriminate demographically.
- We respect and incorporate Te Tiriti o Waitangi, ensuring principles are embedded in our mahi.
- Family and whānau can be more than immediate family/whānau. It is any individual or group that has concern for a person with mental health challenges in that group.
- We are here for family and whānau as they experience need. Our support is not limited by diagnosis or entry into the clinical system.
- Family or whānau concern for someone is enough for us to help.

How we do things

Whānau voice

Our organisation's ethos is to provide support according to what families and whānau tell us they need and what they're experiencing. We collect their views, concerns and ideas. This allows us to authentically share their voice with all who can affect change through policies, systems, legislation, services and communication.

Whānau voice includes:

- Gathering and commissioning research to better inform our service and ensure our work is evidence-based
- Monitoring and evaluation of all our services
- Policy development, based on research and data
- Stakeholder and community relations
- Government relations (including submissions)
- Incorporation of whānau voice in our governance, via membership of Regional Advisory Committees and Local Area Groups.

Culturally responsive

"Our way" in all that we do:

- We are respectful of the needs of all who seek our services and we respond in culturally appropriate ways.
- We work towards achieving equitable access and outcomes for Māori.

What we do

Our functions and how we deliver on these strategic areas.

Individualised family and whānau support

We provide support through one on one or family group meetings, phone calls or digital communication to provide tailored solutions or support.

Group support and "fellowship"

Our organisation is built on the principle of supporting one another or "fellowship". We coordinate and/or facilitate support groups where families and whānau can share lived experiences and support one another.

Programmes and courses

We provide a range of programmes and courses on different mental health topics for individuals, groups and the wider sector to foster understanding, and opportunities to learn ways of supporting family/whānau members and/or themselves.

Resources and information

We develop or access well-researched materials for families and whānau to build understanding of mental illnesses and challenges.

Influence

Our narrative or story is articulated to influence a wider societal shift where we build New Zealanders' views that many answers lie with whānau and wellbeing promotion.



It takes each of us to make a difference for all of us.

Yellow Brick Road is a national organisation that specialises in providing support for whānau who have a loved family member experiencing mental health challenges.

After nearly 50 years experience working with people around New Zealand, we know that if the family of someone experiencing mental illness is correctly supported and empowered, the path they walk leads to increased wellbeing for the whole whānau.

Every day we set out to ensure they feel listened to, supported, equipped and ultimately confident to overcome the challenges they face.

Yellow Brick Road

Te Wahapūahoaho

Supporting families towards mental wellbeing

Contact Us:

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referrals@yellowbrickroad.org.nz

yellowbrickroad.org.nz